As Bread Is Broken

1 Corinthians 11:23-26 | 3 Nephi 18:3-13



During the Last Supper, the Savior "took bread: and when he had given thanks, he brake it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me" (1 Corinthians 11:23–24). The Savior's flesh was broken when He was brutally scourged and nailed to the cross. But in fulfillment of prophecy, none of His bones were broken (see John 19:32–36).

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