

# OLYMPUS COVE CONNECTIONS

## From the editor...

I serve on the Faith Leaders Workgroup of the Utah Suicide Prevention Coalition, and was able to help with the annual Faith Leaders Summit last month. There were valuable presentation and panels from a variety of church leaders. I was able to meet with a woman who works for the Church's Humanitarian Service Department (she moderated the panel discussions about healing resources for depression). I appreciated hearing how her department is recognizing how much having access to healthcare and food and shelter impacts the ability of people to have healthy and functioning marriages and families. And that humanitarian efforts by members make a difference in fulfilling all aspects in the mission of the church. I kept thinking of this quote from Elder Dieter F Uchtdorf from 2015. "We could cover the earth with members of the Church, put a meetinghouse on every corner, dot the land with temples, fill the earth with copies of the Book of Mormon, send missionaries to every country, and say millions of prayers. But if we neglect to grasp the core of the gospel message and fail to help those who suffer or turn away those who mourn, and if we do not remember to be charitable, we "are as [waste], which the refiners do cast out." - Dieter F. Uchtdorf. This afternoon, I saw the following timely message on the Olympus Cove Sisters Group Me from Courtney McBeth (I am grateful she gave me permission to share it here) - "Hi, Sisters - today in Stake Conference we were encouraged to not only know our Savior and the Gospel, but to do those things to be charitable, to love our neighbors, and help others. I felt compelled to encourage all of us to proactively seek out those extended family and friends in our social networks to seek out and provide for those who need help, particularly those families that rely on paychecks or assistance from the government. There are a lot of families struggling in Utah right now to put food on their tables. It's a perfect time for us to support those in our networks."

I also appreciated the talks from Stake Conference today that mentioned testimony of seeing God in others. This is one of the most important practices for me to take on in being involved in my church family. Church service helps me learn to see God in others, even when there is difference in opinion, experience, and circumstance. Difference is not what matters. How I see each person as a beloved part of the family of God, and how I treat them is what matters. I have been inspired by many in the ward who do so much to help with excellent service organizations, in addition to their church service. Some of the ways we can help would be to donate to organizations which have systems in place to effectively provide food and shelter. Here are a few of many excellent organizations that do this effectively.

Utah Food Bank - [UtahFoodBank.org](http://UtahFoodBank.org)

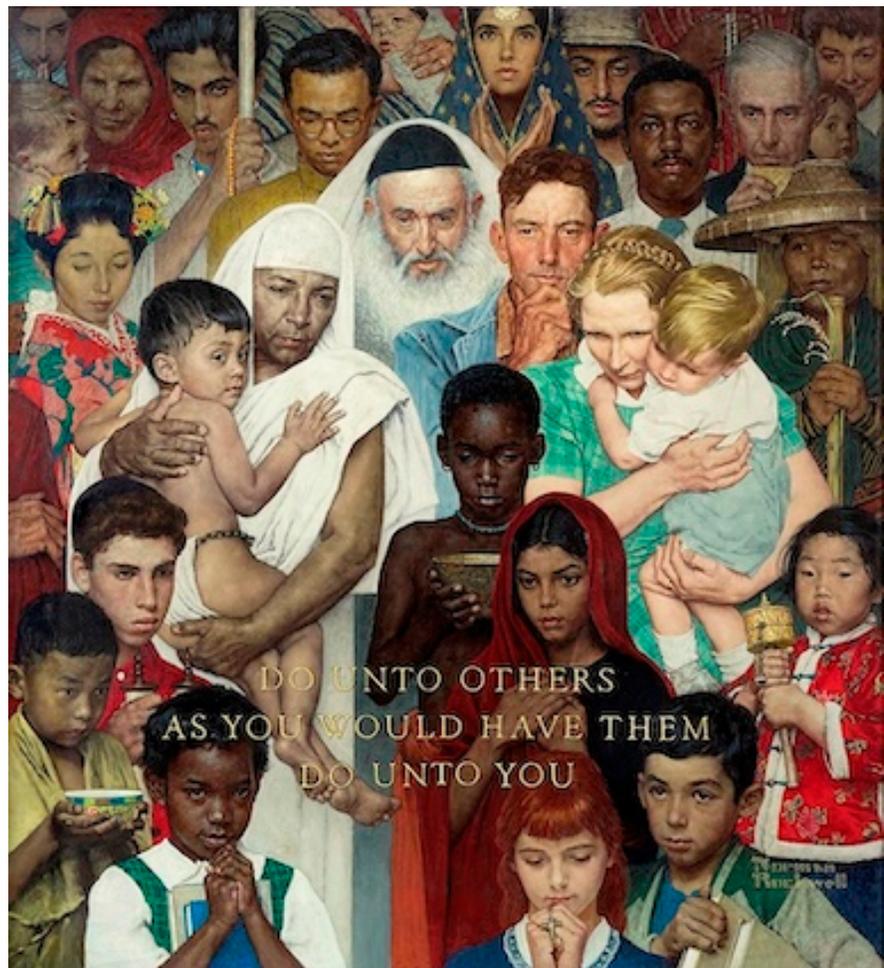
The Road Home - [TheRoadHome.org](http://TheRoadHome.org)

Utah Refugee Connection - [ServeRefugees.org](http://ServeRefugees.org)

Thank you to all who helped with this issue. [Please send me information for the ward newsletter.](#) My phone is 303-902-7062 and my email is [hansen\\_home@comcast.net](mailto:hansen_home@comcast.net). Thank you for your help!- Jody Hansen

## Inspirational Thought - by Kim Roberts

As we approach this Thanksgiving holiday season, I am reminded of the story of the ten lepers who were healed by Christ (Luke 17:11-19). Of those ten, only the solitary Samaritan returned to thank Christ for





## November Birthdays

### Happy Birthday!

November 3 - Kary Hymas,  
Vivienne Stagg  
4 - Maxwell McBeth, Holly  
Morris, Robyn Roberts  
5 - Bruce Kip  
6 - Jeffrey Wells  
7 - Jen Markosian  
9 - Tyler Lamprecht, Warren  
Wadsworth  
10 - Caroline Romney  
11 - Sam Moss  
13 - Darya Dahle  
15 - Nate Zabriskie  
18 - Kyle Taft  
20 - Amelia Smith  
21 - James Black, Charlie  
Randle  
25 - Elle Callister  
26 - Holly Daybell, Mitchell  
McBeth, Matthew Phillipps,  
Jeff Randle  
29 - Robert Barnes  
December 2 - Kathleen  
Clifford  
5 - Jody Hansen  
11 - Olivia Heiner

Please notify me of any preferred nicknames or proper names for the birthday list. I will try to update the official birthday list to honor that.

His mercy and praise God for his goodness. This man, an outcast among the Jews, was the only one who showed gratitude. There are so many things in this life that we can be grateful for. I like the words Emerson used;

*For each new morning with its light,  
For rest and shelter of the night,  
For health and food,  
For love and friends,  
For everything Thy goodness sends.*

When we are grateful, our first thought when viewing the beauty of the day is to say a silent prayer of gratitude. Our first thought when receiving or noticing the kindness of another is to give thanks to God. When we are truly grateful we don't do this out of obligation, but out of recognition that God is good, kind and loving; He is ever with us and concerned for our welfare. When we are grateful we become the one in ten, returning to worship at the feet of the Lord. This expression of gratitude is such an important part of our faith. We should always remember that "against none is his wrath kindled, save those who confess not his hand in all things" (D&C 59:21). The Book of Mormon's conclusion includes Moroni's appeal: "Behold, I would exhort you that when ye shall read these things ... that ye would remember how merciful the Lord hath been unto the children of men ... and ponder it in your hearts."

As you enjoy this time of year, I pray that you have the opportunity to gather with family and friends and that you have time to reflect on those blessings that the Lord has bestowed upon you. I pray that the Lord will continue to bless you and those you love. - Kim Roberts

**Ward Relief Society Temple Trip for November 20 - Thank you, Susan Smith for this information.**

Please make an online reservation for the November 20th, 9:30 am session in the Jordan River Temple. Thank you, sisters, for the love you feel for service in the temple. All are enthusiastically welcomed!

### Upcoming Activities

Save the date...

Ward Christmas Party - December 6th at 6:00

### Stake Primary Choir

Practices for all children who wish to participate will be in the Stake Center Primary room on Sunday afternoons 2:30 - 3:00

**Worship through Sacred Music -  
Hymns for this month.**

**Please raise your voices and sing!- from Chorister Jody Hansen**

I am especially excited about selecting and sharing the hymns for

November. I love a holiday that is designated for gratitude. And the Sunday after Thanksgiving is when I can officially include Christmas hymns (if I had my preference, I would have us singing Christmas hymns all year).

Thank you to all who have offered thoughts and feedback about hymns for Sacrament meeting.

I realize new or unfamiliar hymns can be difficult. We will have opportunity to learn some new hymns with more frequent repetition, in an effort to become more familiar with practice. I am hoping that when we sing a new hymn several times in the weeks after they are introduced, more of you will feel comfortable joining in singing.

I really appreciate the willingness of so many to sing new and not yet familiar hymns. It is wonderful to hear old favorites we have not sung in a while, as well as learn the new, beautiful additions.

I invite you to please take a look, and possibly play the recording of any that are unfamiliar to you. You can pull the recordings up on the Gospel App under Sacred Music/Hymns for Home and Church. I love to hear you participate when we worship through song.

And please remember, when I invite you to stand during the intermediate hymn, please only do so if it is comfortable for you. There are reasons that some need and want to stand, and reasons that some need and want to remain seated. I hope everyone will appreciate that each is participating in a way that works for them.

November 16 - 91, 1007, 95, 92

November 23 - 93, 184, 94, 1048

November 30 - 201, 170, 205, 207

### Ward Assignment for Church Building Cleaning - Thank you Warren Wadsworth!

The following families are scheduled to help clean the church in December. We will begin each Saturday morning at 9:00 a.m., unless the church is scheduled for another activity such as a funeral or a family gathering. The alternate time for cleaning will be 4:00 p.m. If you cannot attend on your scheduled Saturday, please arrange to have someone take your place.

December 6 — Stuart & Briana Larson and Matt & Katie Lowe.

December 13 — Mitchell & Courtney McBeth and Aaron & Cynthia Moffett.

December 20 — John & Holly Morris and Brad & Sarah Moss.

December 27 — Travis & Megan Moss and Stuart & Kathleen Peterson..

### Stake Blood Drive -

This is a reminder that the next stake blood drive will be on November 4, 2025. It will be at the stake center from 1:00 to 7:00PM. You can sign up by going to Red [Cross.org](https://www.redcross.org). If you have not downloaded the Red Cross app I encourage you to do so as it will simplify the process of signing up. If you enter your zip code the app will find the blood drive at the stake center on November 4th and you can sign up at the time you prefer. You will also want to sign up for the "Rapid Pass" which will minimize the time it takes to complete the process on the day you donate.

Please sign up as soon as possible so the Red Cross can make available the amount of resources and manpower needed to handle our group. Thank you for your participation in this important community service.

Tom Fredrick, Stake Blood Drive Coordinator, High Council

### Temple and Family History resources -

**We are here to help you.** Temple & Family History Leader Lynn Collins 385-272-5969. Consultants: Karen Collins 385-272-4094, Gail McComas 801-580- 5468, or Alison Wilde.

**Mt. Olympus Stake Family Search Center - located at the Millstream (north) building**

Family History Center 2025 Hours

HOURS

Sundays - 11:00 a.m. - 12:00 p.m., 1:30 - 2:30 p.m.

Mondays - 11:00 a.m. - 3:00 p.m.

Wednesdays - 10 am - 12 noon

Thursdays - 7:00 - 9:00 p.m.

**Missionaries...** We really appreciate the service of our full time missionaries. Please send any messages or news from them so I can include a few things in the newsletter.

Dear Stake Family,

The Adult Religion class with Armand Johansen will continue on Tuesdays at 10:00 a.m. in the stake center chapel.

Brother Johansen will teach from Come Follow Me - The Doctrine & Covenants 2025.

We hope you will join us in person or online! And please feel free to pass this information on to anyone else who would be interested in being uplifted and learning with us.

[Click here for the YouTube Live stream.](#)

**FYI: Those who are unable to watch the class during the live broadcast can view it later at the same link as above.**

**-Temple Recommends** - Contact a member of the Bishopric for a phone interview. The stake interview can be arranged with one of the Stake Executive Secretary's ( Andrew Olson)

Stake Temple Recommend Interviews: Standing time on Sundays from 1:30 to 2:30pm (the 4th Sunday is skipped)